

GILLIAN ADAMS
SALON · SPA · DINING

GILLIAN'S INSPIRATION

It was a dream of mine to have hair, beauty, body and cuisine all in one place, that would provide a luxury experience for guests and to introduce the concept of wellness.

Around 30 years ago, the industry was going through a lot of change. I wanted to create a place that set the standard for a true urban spa; an oasis, where guests received the very best.

At Gillian Adams Salon & Spa, we are inspired by one purpose:

To help you see your inner beauty and endless possibilities so you can conquer your world and beyond.

We offer a unique Urban Spa experience, an oasis, reincarnating the tradition of ancient pools, which were places to relax and locations of social encounter.

YOUR JOURNEY

You will commence with time in our exclusive Aquamedic Pool. As you progress through the variety of needlepoint and massage jets in the oxygenated water, toning skin and promoting blood circulation you will experience mind and body tranquility.

Then to the steam room for an intensified aromatherapy experience, perfect for detoxing and building immunity.

In our relaxation lounge enjoy refreshing juice, herbal tea, coffee and fresh fruit ready to enjoy the variety of hair, beauty and body experiences.

You can relax in our garden and enjoy breakfast, lunch, high tea or cheese and wine (zero alcohol). Our cuisine is fresh and nutritious with constantly changing menu choices.

Our exclusive VIP Suite offers state of the art anti-aging treatments, by appointment

To make your day complete, finish with a touch of makeup to highlight your inner glow.

With love,

A handwritten signature in a light teal or mint green ink, appearing to read "Gillian". The signature is fluid and cursive, written in a personal and elegant style.

GARDEN RESTAURANT

Enjoy our delicious
gourmet cuisine freshly
prepared daily by our in-
house chef.

Breakfast	40
Gourmet lunch	85
Cheese Board	55
High Tea	55
Devonshire Tea	30

We cater to all dietary requirements with advance notice.

* Lunch starts with a freshly baked bread roll served with Pepe saya butter followed by your main course, which is complemented by zero alcohol wines or champagne. Finish with dessert and tea or coffee made by our in-house barista.

HAIR SALON

Your hair is the crown
you never take off.
Let us create a style
so you can conquer
your world.

CUT AND STYLE

Ladies shampoo, cut & blow wave	170
Men's classic hair cut	85
Gillian Adams consultation, treatment, cut & style	240

STYLING

Shampoo & blow wave	95–105
After colour blow wave	80–85
Add on curls	30
Upstyle from 90	
Blow wave package of 10	750

HAIR SOLUTIONS

Wella Reconstructive treatment	40
Luxury Scalp Massage & Treatment with steam (20 mins)	75
Wellaplex treatment	50

COLOUR TECHNIQUES

Baby lights full head	350–400
Half head & face frame	300–350
Full head & face frame	350–400
Individual highlights x 10 (\$15 each)	150
Half head, free hand & face frame	400-450
Full head, free hand & face frame	450-500
Free hand partial	160-200
Free hand full head	200-250
Face frame & tip out	200-250
Permanent colour plus gloss	145–175
Permanent colour regrowth only	115
Semi-permanent colour	100

KERATIN SMOOTHING

Keratin Smoothing works to replenish your hair's natural keratin structure, that depletes over time as a result of exposure to harmful chemicals and heat styling. By nourishing your hairs follicles it smooths and strengthens your hair, leaving you with a low maintenance, frizz free straighter look.

from 450

Permanent colour part line	85
Balayage	from 280
Scalp bleach	from 220
Mens colour camo	75
Toner	from 60
Root melt & Toner	80
Shinefinity	70

SPA PACKAGES

L'ESCAPE VOYAGE 1,200

Aquamedic pool & steam, Vichy shower, royal aromatherapy massage, ultimate firming facial with Omnilux light therapy, spa manicure & pedicure, scalp treatment, shampoo, blow-wave with mini-makeup & gourmet lunch*
8 hrs

LA PRINCESS CLASSIQUE 780

Aquamedic pool & steam, royal aromatherapy massage, GA signature facial, gourmet lunch*, manicure & pedicure with paraffin, shampoo blow-wave 7 hrs

LA LUMIERE 675

Aquamedic pool & steam, Exotic Body Ritual, gourmet lunch*, pedicure, shampoo blow-wave 6 hrs

LE ROYALE 485

Aquamedic pool & steam, lime and ginger salt glow, GA signature facial, gourmet lunch* 4 hrs

COUPLES MASSAGE EXPERIENCE 625

Aquamedic pool & steam, ultimate relaxation couples massage & gourmet lunch* 3 hrs

LE SOCIAL SPA-ING 275^{pp}

Aquamedic pool & steam, choice of; lime and ginger salt glow (50 mins) or our GA signature facial and cheese board.

Available for group bookings (3 or more).
2.5 hrs

With lunch 315^{pp}

GILLIAN ADAMS SIGNATURE RITUALS

AQUAMEDIC POOL & STEAM

80

A Gillian Adams exclusive. Reincarnating the tradition of ancient pools, which were places to relax, and locations of social encounter.

The pool's oxygenated water re-hydrates & energizes the body. Experience a circuit of gentle invigorating needle point massage & reflexology jets, toning skin, relaxing muscles & promoting blood circulation, you will experience mind & body tranquility 60 mins

Aquamedic Pool & Steam
with another treatment

65

Package of 10 sessions

650

VICHY SHOWER RITUAL

350

Our signature Vichy ritual features water therapy & massage performed simultaneously. Beginning with a coconut salt body polish followed by a relaxing body massage using warm coconut oil & pulsating shower jets while you float in bliss. A mini facial completes this ritual. Our Vichy is the ultimate treatment that everyone needs to experience 75 mins

BODY & WELLNESS

EXOTIC BODY RITUAL 400

The ultimate in body pampering. A complete body polish followed by a luxurious full body massage using frangipani oil. You will receive a hydrating facial & nourishing scalp treatment with hot oils and a warm stone foot massage.
110 mins

LIME AND GINGER SALT GLOW 200

A must have body polish with lime and ginger salt followed by a warm Japanese Camilla oil to stimulate and nourish your skin. This nurturing ritual will leave your body looking radiant & feeling wonderfully smooth with a beautiful facial cleanse to complete this ritual
60 mins

ROYAL AROMATHERAPY MASSAGE 50 mins / 185 80 mins / 255

This exclusive massage starts with a ritual for your feet. This signature ritual eases tension held in every part of the body, leaving you feeling deeply relaxed & re-charged from the Aromatherapy oils.

Add a circuit in the Aquamedic Pool & Steam before any treatment 65

BODY & WELLNESS

RELAXATION 50 mins / 165
MASSAGE 80 mins / 245

A Swedish massage using smooth gliding, rolling & kneading strokes moving blood flow towards the heart.

DEEP TISSUE 50 mins / 175
MASSAGE 80 mins / 255

Melt away knots and tensions in tight & aching muscles. Therapeutic oils will warm & disperse the built-up lactic acid in muscles.

REMEDIAL 50 mins / 185
MASSAGE 80 mins / 265

Remedial Massage focuses on specific areas in the deeper layers of muscle tissue. Deep & direct pressure alleviates tension, reducing pain & tightness.
Tailored to your specific needs.

VOLCANIC WARM 60 mins / 210
STONE MASSAGE 80 mins / 290

The combination of volcanic warm stones & manual massage increases circulation, improves immunity & provides the ultimate relaxation.

MOTHER TO BE

Suitable from the Second Trimester

PAMPERING PREGNANCY RITUAL 390

Give yourself a moment to appreciate the joy of pregnancy. This massage will relieve stress & tension, ease heavy legs & help to alleviate an aching back. You will also receive a brightening facial & scalp massage to leave you feeling rejuvenated

105 mins

NURTURING PREGNANCY MASSAGE 190

This nurturing massage connects mother & baby through the power of touch

50 mins

FACIALS

Innovative solutions... After every consultation you have the opportunity to customise your facial to suit your skin.

GA SIGNATURE 50 mins / 180 FACIAL 80 mins / 275

A customized treatment experience created to meet your specific skin needs.

This includes a double cleanse and exfoliation with an active mask to hydrate and bring luminosity to the skin. With our bespoke GA facial, neck & décolletage massage, we increase circulation and relieve tension resulting in brighter, youthful-looking skin.
50 mins

LUXURY FACIALS

Results with Super Premium Formulations

SEA CREATION THE ULTIMATE FACIAL 555

Our most luxurious facial showcasing exclusive marine derived active ingredients, this personalized facial increases elasticity, tone & radiance.

Instantly you will see & feel a revitalized visage. Gillian uses Sea Creation products every day 80 mins

ULTIMATE FIRMING FACIAL 340

A deluxe facial specifically designed as a deep lifting treatment that will help slow down the natural aging process 80 mins

Add Omnilux™ to any treatment 85

ANTI AGEING FACIALS

ADVANCED MEDICAL PEEL 195-395

A medical peel instantly resurfaces and smooths the skin. A thorough consultation will reveal the appropriate peel for you. Peels are available to target blemishes, uneven skin tone, fine lines and the effects of ageing 50 mins

VITAMIN C GLOW FACIAL 250

A curative treatment experience that will provide the skin with a long lasting glowing and brightening appearance. This facial is a must throughout the summer or for anyone wanting to improve skin tone, texture, health and radiance 50 mins

COLLAGEN BOOSTER FACIAL 355

Indulge in a luxurious treatment, which saturates the skin with pure collagen & provides maximum hydration, plumping of fine lines & leaving skin with a healthy re-textured glow 80 mins

FACIAL ENHANCERS

Collagen sheet mask	50
Fruit acid peel	55
Eye mask	30
Peel & mask	100
Omnilux™ light therapy	85

ANTI AGEING FACIALS

SKIN NEEDLING

Our skin needling therapy is a procedure that stimulates the production of new collagen, creating smoother, brighter, healthier, younger-looking skin 50 mins

Recommended as a course of treatments.

FACE 425

FACE WITH OMNILUX 510

Omnilux™: medical light therapy to energise and repair damaged cells. Encourage more efficient production of collagen and elastin.

FACE & NECK WITH OMNILUX 710

FACE, NECK & DECOLLAGAGE
WITH OMNILUX 900

ELECTROPORATION 480

ELECTROPORATION
WITH OMNILUX 565

MICRODERMABRASION FACIAL 285

+ Omnilux™ light therapy 370

Microdermabrasion produces instant, visible results, smoothing the surface of the skin, renewing collagen production and enhancing cellular communication using the most advanced preventative & manual face lifting techniques 50 mins

THE ESSENTIALS

LUXURY MANICURE & PEDICURE*

Spa manicure 50 mins	70
Luxurious spa pedicure 50 mins	100
Paraffin hand or foot treatment	30
File & polish hands or feet	50
BIAB	110
BIAB In-fill	110
BROW & LASH MAINTENANCE	
Eyebrow tint	25
Eyebrow shape	40
Eyelash tint	30
Lash lift & tint	140

WAXING

Lip or Chin	20
Back/chest	75 ^{ea}
Underarm	25
Arm	50
1/2 Leg	55
Full leg	80
Bikini	40
Full leg & bikini	110
High bikini	55
Brazilian	80

*At Gillian Adams we do not use/remove shellac or gel/acrylic nails. Please remove prior to your visit.

MAKE UP

Event make-up	150
Event make-up with party lashes	170
Make-up lesson	200
Mini make up	70
Bridal make-up	190
Eyelash extensions silk full set	240
Eyelash extensions infill	from 95

BRIDAL PACKAGES

The experienced team at Gillian Adams will create personalised wedding preparation plans for both bride and groom to their individual needs.

Allow our team to consult with you on your specific requirements, whether it be a 6 month skin & hair preparation program, or luxury hair, beauty & body services before the special day.

Book in your consultation with our bridal experts.

Price on application.

SPA ETIQUETTE

ARRIVAL AT THE SPA

To fully enjoy a complete Spa experience, we request that you arrive 15 minutes prior to your appointment time, in order for you to change into spa attire & complete your consultation.

SPECIAL CONSIDERATIONS

For your safety & comfort please inform your therapist or stylist of any health conditions so that we can customise your treatment accordingly. If you suffer from allergies, physical ailments or are pregnant, some treatments may not be suitable.

CANCELLATION POLICY

Your appointment is especially reserved for you. Arriving late will limit the time of your treatment so that the next guest is not delayed.

We require 48 hours' notice to cancel your appointment, if we receive less than 48 hours' notice a 50% cancellation fee will be applied. A 'no show' for an appointment will automatically incur 100% of the treatment charge.

Please note, credit card details are taken at the time of booking.

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