

# GILLIAN ADAMS

## SALON & SPA

### Breakfast Menu

#### **Farm fresh Breakfast**

Fried eggs, Grilled bacon, Slow roasted truss tomato, Baby spinach

Mushroom, Pork and fennel sausage, Hash brown

Freshly baked bread

#### **Scrambled eggs on Rye**

Smoked salmon, Goat's cheese

Baby spinach, Asparagus, Roasted truss tomato

#### **Ricotta and Avocado**

on Sesame bagel

Poached egg

Fig

#### **Bircher Muesli**

Rolled oats, Vanilla bean yoghurt

Crisp apple, Berries, Bush honey

Toasted seeds and nuts

*All served with Juice and a selection of herbal tea or coffee made by our in-house barista.*